

Total Hip Arthroplasty (Posterior Approach) Rehabilitation Protocol

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Precautions: Posterior Hip Precautions
Treatment Plan: Evaluate and Treat, progress as tolerated

Recommended Treatment:

- Gait Training
- Endurance
- Stabilization and Balance
- Fall Prevention
- Strengthening
- Modalities PRN
- Home Exercise Program

Frequency: 2 times per week for 6 Weeks (12 Total Visits)